

Swimsuit-Ready in 20 Days: Lunch Recipes

Pink Pizza

4 large whole grain or whole wheat tortillas 1 cup tomato sauce 3/4 cup nonfat ricotta cheese 1 cup chopped sun-dried tomatoes 3/4 cup shredded nonfat mozzarella cheese

Preheat the over to 375°F. Place the tortillas on a baking sheet and bake for 2 minutes. Remove from the oven. Ladle half of the tomato sauce over the tortillas and spread with the ricotta cheese. Ladle on the remaining tomato sauce and sprinkle with sun-dried tomatoes and shredded mozzarella. Bake until the cheese is melted.

To serve: Cut the pizzas into slices and serve immediately.

Servings: 2